



#IVote4HealthCare Headlines

Friend, we are days away from the election. The stakes are high, but I wanted to share with you a moment of light and gratitude in this special edition #IVote4HealthCare newsletter. Voting is a right that has been and still is denied to too many in our country. Here are a few stories of real people who recognized the power of voting, one of which is very close to my heart...



These people just voted for the first time and tweeted their heartwarming stories

[Read on](#) to find stories and pictures of people, ranging from immigrants to young folks to people who had just never gone before, voting for the very first time in 2018.

5 Black Suffragists who fought for the 19th amendment

The white washing of history is no secret. But the way we have removed Black women from the suffrage narrative is totally shameful. Read on for information about 5 Black women who were key to winning the right to vote 100 years ago. We are forever in debt to their struggle. [Read on.](#)



Don't forget- we have a page of resources for you on voting and speaking with your candidates. Check it out in the next few days! [Go to the toolkit](#) and take the #IVote4HealthCare pledge!

2020: The year of the young voters?

The youth have always held cultural power. This year, they may finally channel that power into the election.

"Young people, the oldest Gen Z-ers and the youngest Millennials, voted at rates higher than Baby Boomers when they were young, when Gen X, when they were young," Abby Kiesa, a researcher at CIRCLE, said of 2018 turnout.



She said the mass protests this year could keep that surge going, because their studies show there is a relationship between protesting and voting." [Read on.](#)



My Abuelita's story

My Abuelita voted for the first time in a U.S. election in 2012 when she was 79 years old. I had the honor of helping her fill out her ballot, though I was too young to vote myself, and the story was picked up by our local Patch. I remember her every time I cast a vote, and hopefully you will, too! [Read on.](#)

If you are getting overwhelmed on social media by election talk, visit the Twitter account [@VotingDogs](#) or the hashtag [#DogsAtPollingStations](#). While you're there, don't forget to follow us [@UHCF_CT!](#)



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